
FREEDOM & FAITH

Summary

Opening Prayer

Introduction, emphasizing the unparalleled freedom experienced by most young adults today and the theological connection between freedom and being made in God's image.

Rounds at Tables (small group discussions), during which the facilitator should place pens and feedback forms (note cards work well) on the seats in which everyone began.

- What commandments or "rules" of the Christian faith do you think people find difficult, confusing, or unreasonable? (assign a reporter)
- In what ways do you think people often feel constrained or limited? (assign a reporter)
- What are some of the things you believe people think about most? (assign a reporter)
- If you could go anywhere or do/experience any one thing, what would it be?
- Describe your perfect day off, your perfect "free" day.
- What do you hope or plan to do with the next five years of your life?

Reports and Theological Reflection, summarizing table discussions for the first three questions and expressing the difference between the "freedom to" do something or other, and the "freedom from" various negative realities (sin, the passions, etc.). The facilitator could also address the spiritual benefit of obedience (training our will to give preference to God's will) and invite the group to explore the blessings of both freedom and its antipode (commitment, servanthood, etc.). The facilitator should invite the group to generate other questions, based on his/her presentation and building on the others.

Closing Prayer

Evaluation
